

Garden Burger Patty Melt

Ingredients

Vegetarian Meat, burger, garden vegan, Bread, rye, mild, Onion, Cheese, American, yellow, deli slice.

Nutrients per serving

Nutrition Facts	
Serving Size (191g)	
Servings Per Container 1 Each	
Amount Per Serving	
Calories 320	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 650mg	27%
Total Carbohydrate 41g	14%
Dietary Fiber 11g	44%
Sugars 1g	
Protein 21g	
Vitamin A 4%	• Vitamin C 4%
Calcium 40%	• Iron 45%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	