

Beef Cheeseburger Pie

Ingredients

Beef, Tomato Sauce, cond, Pie Shell 10", Cheese, cheddar, shredded, Milk, Eggs, Onion, Peppers, bell, red yellow & green, sweet, strips, fzn, Seasoning, garlic salt.

Nutrients per serving

Nutrition Facts	
Serving Size 6 ounce (170g)	
Servings Per Container 1	
Amount Per Serving	
Calories 290	Calories from Fat 170
% Daily Value*	
Total Fat 19g	29%
Saturated Fat 9g	45%
Trans Fat 1g	
Cholesterol 135mg	45%
Sodium 400mg	17%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 23g	
Vitamin A 8%	• Vitamin C 6%
Calcium 15%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	